| The person I care for is also registered with Crick Surgery: Yes No |
|---|
| If no please give details of where the person you care for is registered: |
| Comments: |
| We will refer you to Northamptonshire Carers for further information and support. Please tick if you do not wish to be referred. |
| Please detach this section of the |

Please detach this section of the form and hand to a receptionist.

The Carers Co-ordinator at Crick Surgery is:

Emily Oliver

Please contact her for any help, information or advice.

Your local carer's centre is Northampton, whose team includes Carer Advisers, Young Carer Workers and a Carer support Worker (Dementia).

Contact them at:

Northamptonshire Carers 123 Midland Road, Wellingborough, NN8 1LU

Tel: 01933 677837

Or email:

carers@northampton

shirecarers.org

Crick Medical Practice 01788 822203

Please let us know if you are a



(This does not include people employed to provide care.)

Does someone depend on you to help with the tasks and/or responsibilities of everyday living? Perhaps you care for someone in the family or for a friend?

If so, you are a carer and might like some support yourself.



You may have been caring for someone for some time already regularly helping with them everyday tasks or giving them the sort of support they need to stay in the family home.

You may see it as part of your life or your duty to care for your Mum or Dad, your partner, your child or friend, but there may be times when you need information, advice, or some extra help.

When you are a carer it is often difficult to have a real break because someone depends on you to look after them, You can get tired and run down, and your health may possibly suffer.

Telling the surgery can help us to support you and make sure that you yourself get the right sort of care.

Telling the surgery can help us to support you and make sure that you yourself get the right sort of care.

We feel it is important to recognize and value the work you do as a carer.

Crick Surgery has a Carers Register so that carers like you are known and we can offer information and support that you may need?

If you would like to be included in this list, then please complete the end page of this form, detach it and hand it to the receptionist.

As a registered carer you are entitled to an annual health check, if you would like one, please ask a receptionist for details of how to book an appointment.

You too are important!

Crick Medical Practice Carer's Register

I am a carer. I want my name to go on the Carer's Register and give permission for this to be noted on my medical records.

| Signature: | |
|---------------------------------|---------|
| | |
| I care for the following, Name(| s): |

The person/People I care for is/are my:

Parents Parent(s) - in—law Husband Wife Daughter Son Friend Partner

Neigh- Other family member (Please tick the relevant box)